

Curriculum Vitae

Michael Branson, PT, DPT, MS, ATC, CSCS, ACSM/EPC, CGFI-3

COR Clinic
Conditioning Orthopedic Rehabilitation
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Michael Branson is a physical therapist, exercise physiologist and athletic trainer who specializes in orthopedic injury rehabilitation and sports medicine. He was educated at The University of Arizona, and has earned a Master of Science in Kinesiology and Exercise Physiology from California State University, Hayward. Soon after his Master's degree he earned a Doctor of Physical Therapy degree from the Arizona School of Health Sciences. Dr. Branson has been clinically trained by medical institutions across the country, most notably orthopedic rehabilitation and sports medicine at Stanford University's Department of Sports Medicine, and acute rehabilitation at Johns Hopkins Medical Institutions.

He is currently board certified as an Athletic Trainer (ATC) through the National Athletic Trainers Association (NATA), a Certified Strength and Conditioning Specialist (CSCS) through the National Strength & Conditioning Association (NSCA), a Certified Exercise Physiologist (EPC) through the American College of Sports Medicine (ACSM) and as a Certified Golf Fitness Instructor through the Titleist Performance Institute.

He has consulted with local and national news groups and with athletes at every level on the development of orthopedic rehabilitation and conditioning programs.

He is the Founder of COR Clinic, Inc. and The Athletic Training Center in Scottsdale, AZ.

In his spare time Michael enjoys spending time with his wife and son as well as biking, skiing, golfing, hiking and overlanding.

Professional Practice

- Founder and CEO: COR Clinic, Inc., 2005 – present
- Founder: Athletic Performance Center.com, 2000 – present
- Founder: Athletic Training Center.com, 2000 - present
- Doctor of Physical Therapy: 2004 – present
- Certified Athletic Trainer: 2003 – present
- Exercise Physiologist: 2001 – present
- Personal Trainer: 1992 – present

Clinical Education

- Asher Clinic: Orthopedic Physical Therapy, 2004.
- U.S. Department of Veterans Affairs Hospital - San Francisco, a University of California San Francisco Training Hospital: Acute Care Physical Therapy, 2004.
- Johns Hopkins Medical Institutions: Acute Care Physical Therapy, 2004.
- Stanford University: Orthopedic Physical Therapy and Athletic Training, 2003.
- Stanford University: Orthopedic Physical Therapy and Athletic Training, 2002.
- Stanford Health Care - Valleycare: Cardio-Pulmonary Rehabilitation, 2000.

Education

- A.T. Still University - Arizona School of Health Sciences: Doctor of Physical Therapy. 2004
- California State University, Hayward: Master of Science Kinesiology and Exercise Physiology. 2001
- University of Arizona: Bachelor of Science in Health Sciences. 1997

Research and Dissertation

- Branson, M., Fiore, J., and Lenio, E. (2004). *Decreasing the Fear of Falling in Older Adults through Physical Therapy Interventions: Exercise and Education*. Arizona School of Health Sciences Doctoral Study and Dissertation.

Board Certifications

- Certified Athletic Trainer (ATC), 2003 – present.
- American College of Sports Medicine Certified Exercise Physiologist (ACSM/EPC). 2001 – Present.
- Certified Strength and Conditioning Specialist (CSCS), 2001 – present.

Sport Specific Certification

- Titleist Performance Institute Certified Golf Fitness Instructor Level 3 (TPI CGFI - 3), 2007 – present.

Modality Certifications

- Dry Needling (Lower Extremity), Spinal Manipulation Institute 2015 – present.
- Augmented Soft Tissue Mobilization (ASTYM), Performance Dynamics, 2006 – present.
- EMG Technician, Veridian Health, 2005
- NCV Technician, Veridian Health, 2005

Licenses

- Arizona State Board of Physical Therapy, 2004 – present.
- Arizona State Board of Athletic Training, 2003 – 2014

Professional Memberships

- American Physical Therapy Association, 2004 – present.
- American College of Sports Medicine, 1999 – 2010.

Published Interviews

- KPHO CBS 5 News, January 2010. “Athletes, Experts Question Fake Grass’ Safety.”
- Phoenix Magazine – Top Doctor Issue, April 2008. “COR Clinic – The Doctors Choice, The Highest Standards in Physical Therapy.”
- Phoenix Business Journal, November 2007. “Social Hour – Entrepreneurs, business owners using new media to build market new ventures.”
- M.D. News, January 2007. “COR Clinic – Functional Rehabilitation within Reach.”

Published Articles

- Sports Illustrated website Golf.com, November 2009. “Taking Your Game to the Next Level.” Web Pages 7 Total with Flash Video.
- M.D. News, December 2007. “Golf Health 101.” P 12 - 14
- M.D. News, August 2007. “Golf Health 101.” P 20 – 21.

Speaking Engagements

- Arizona Sportsman Expo “Athletes Overcoming Obstacles.” April 18, 2015
- Mended Hearts: “Free From Falling.” March 11, 2014.
- Student-Athlete Showcase: “Golf Fitness Evaluation and Performance Exercises.” November 17, 2013.
- Running Clinic with Olympic Champion Dan O’Brien at COR Clinic: “Overview of Gait Mechanics and How to Buy A Proper Athletic Shoe.” October 13, 2013.
- Tuscany at McCormick Ranch: “Fall Prevention.” August 15, 2012.
- Tuscany at McCormick Ranch: “Preventing the Fear of Falling-Part 3.” November 2, 2011.
- Tuscany at McCormick Ranch: “Preventing the Fear of Falling-Part 2.” October 11, 2011.
- Tuscany at McCormick Ranch: “Preventing the Fear of Falling-Part 1.” September 28, 2011.
- Village Health Club: “Plan of Attack for Your Low Back “August 16, 2011
- Tuscany at McCormick Ranch: “Fall Prevention.” February 9, 2010.
- Troon Golf Instruction Day: “Evaluate your Golf Fitness.” December 6, 2009.
- PGA Tour Superstore: “Golf Fitness Evaluation.” October 18, 2009.
- Tuscany at McCormick Ranch: “Fall Prevention.” July 15, 2009.
- Troon Golf Academy: “How to take your game to the Next Level.” December 6, 2008.
- Troon Golf Teaching Seminar: “How Fitness Affects the Golf Swing.” February 7, 2008.
- NSCA Arizona State Conference: “The Adolescent Athlete: Overuse and Exercise.” July 2007.

United States Patent

- US Patent Number 6,908,415, “Exercise Apparatus for recreational and rehabilitative exercise and method of exercise therefor.” Issued June 21, 2005.

Sports Performance Consulting Work

- Coach, Cycling Development Program, Bicycle Haus Racing – Scottsdale, Arizona. 2013-2014.
- Director of Conditioning and Athletic Training, Pinnacle Soccer Club – Scottsdale Arizona. 2008 – 2009
- Director of Sports Performance and Injury Prevention, Marin Water Polo Club – Terra Linda California. 1998 – 2000
- Director of Sports Performance and Injury Prevention, Novato High School Swimming Teams – Novato California. 1999.