



COR CLINIC, THE DOCTORS' CHOICE

The Highest Standards in Physical Therapy

By Ellen Boland

"We practice personal wellness with a holistic approach to total body care."

- Dr. Michael Branson, CEO and Director of Operations, COR Clinic, Inc. PT, DPT, MS, ATC/L, CSCS, ACSM/HFI

I recently asked a Top Doc pick to explain in layman's terms, how physicians are selected for this prestigious Top Docs issue of Phoenix Magazine. He replied, "By the most critical of all critics, other doctors." Patients judge their personal experience and the bedside manner of a doctor, but doctors have the medical expertise to judge another doctor. So, when in dire need of a physical therapist for my miserable rotator cuff but tired of the factory-type physical therapy clinics I had been to in the past, my doctor recommended the doctors of COR Clinic. Throughout the entire process, from the physical evaluation to successful treatment to receiving at-home exercises, I felt like I was the most important patient they had.

Doctors choose COR Clinic because their philosophy of personalized quality care, professionalism and cutting edge treatment mirrors their own. "All the physical therapists at COR Clinic have their doctorates and they surpass my expectations consistently. My patients expect the best and have nothing but positive things to say about the care they receive. I have absolutely no reservations, only praise, in the way COR Clinic partners with me in my practice in providing the very highest level of care," said Dr. Leeland, MD. COR Clinic provides individualized 'patient-centric' care with customized plans to treat the entire body, not just the injury. "I believe the physical therapists at COR Clinic provide exceptional care and expertise. They are able to treat the multitude of patients that I retain in my practice, ranging from osteoarthritis, torn rotator cuffs, chronic pain and benign paroxysmal positional vertigo to strengthening programs. I consider them to be peers and an integral part of my patients' care," added Dr. Leeland.

COR Clinic's 'whole body approach' to rehabilitation and conditioning helps prevent further injury while providing welcome relief from pain. Highly trained, licensed therapists work one-on-one with patients to provide freedom from pain, increase strength, and in the case of athletes help them improve their sport and achieve their goals. "I have complete confidence in the entire staff at COR Clinic. They are unique in their field. The quality of personal care is equal to the high standards of my practice. I've personally had great success with treatment for my back at COR Clinic. I highly recommend physicians and anyone in need of physical therapy to go there," said Dr. McHenry, DO.

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For more on Dr. Branson, refer to the physician profiles in this magazine.

Expect The Best From Your Physical Therapist

1. Make sure you receive treatment only from a licensed physical therapist.
2. Your first visit should include an evaluation, customized plan and timetable to achieve your goals.
3. Select a physical therapist you feel comfortable with. Understand the process before accepting treatment.
4. The physical therapist's attention and focus should be 100% on you from start to finish.
5. Whether receiving treatment for an injury or to enhance physical performance, your therapist should educate you on the treatment and give you at-home exercises.

COR CLINIC

Physical Therapy

Pre Surgical Rehabilitation
Post Surgical Rehabilitation
Acute Injury Rehabilitation
Chronic Pain Rehabilitation
Chronic Back Pain Rehabilitation
Pregnancy Related Rehabilitation

Strength and Conditioning

Personal Training
Athletic Performance
Sport Specific Training
Golf Fitness Seminars
VO2 Max Testing



DOCTORS OF PHYSICAL THERAPY &
STRENGTH AND CONDITIONING SPECIALISTS